

# Dot Physical Exam Guidelines

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## Dot Physical Exam Guidelines

What Does The DOT Physical Exam Process Include? The physical exam itself will consist of: Vision Test: Your eyes will be tested, both separately and together, using a standard Snellen eye chart. You know, "now cover your right eye and read line 3", and all that jazz? Hearing Test:

## DOT Physical - The Complete Guide

A Department of Transportation (DOT) physical examination must be conducted by a licensed "medical examiner" listed on the Federal Motor Carrier Safety Administration (FMCSA) National Registry. The term includes, but is not limited to, doctors of medicine (MD), doctors of osteopathy

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(DO), physician assistants (PA), advanced practice nurses (APN), and doctors of chiropractic (DC).

### **DOT Medical Exam and Commercial Motor Vehicle ...**

The standards of the DOT physical exam are determined by The Federal Motor Carrier Safety Administration (FMCSA), a department of the United States Department of Transportation that regulates the trucking industry. Each DOT physical exam must be done by a certified medical professional.

### **All the DOT Physical Exam Requirements | Statcare**

The DOT physical exam is a simple exam but a very important one. There are strict guidelines that pertain to your health and your ability to drive. Here are the general qualifications of drivers. The medical requirements are much more involved.

### **DOT Physical Exam Requirements**

In order to drive a commercial motor vehicle (CMV), you must first meet the DOT physical exam requirements and obtain a medical card. DOT physical exam requirements include: Vision; Color distinction; Blood pressure; Hearing; Cardiovascular health; Medications; Urinalysis; Physical endurance; Medical history; While this might be similar to other physicals you've had in the past, truck drivers must take a specific test that meets federal DOT guidelines before they are allowed to get on the ...

### **DOT Physical Exam Requirements & What to Expect | TDI**

You are required to complete and pass a DOT physical if you: Operate a motor vehicle for interstate commerce with a gross combination weight rating, gross vehicle weight rating, or gross combination weight of over 10,000 pounds. Operate a motor vehicle designed to carry more than 15 people.

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## **DOT Physical Requirements - Concentra**

DOT CDL Physical Exam Drivers Requirements. Federal Motor Carrier Safety Regulations: 49 CFR 391.41 Physical qualifications for drivers. A person is physically qualified to drive a commercial motor vehicle if that person— (1) Has no loss of a foot, a leg, a hand, or an arm, or has been granted a skill performance evaluation certificate pursuant to § 391.49;

## **DOT CDL Physical Exam Drivers Minimum Requirements**

Commercial Driver Examination Course given February 20th, 2009. It is summarized to provide a quick reference source for questions that may arise while performing a DOT physical examination. These are the current guidelines. Further recommendations may be pending by expert panels but have not been approved by the FMCSA. Driver's Duties may ...

## **QUICK REFERENCE GUIDE FOR DOT PHYSICAL EXAMINATIONS**

For commercial motor vehicle (CMV) drivers, the most important safety feature is YOU - the driver! Each time you turn the key, you are responsible for your own safety, as well as the safety of all the people who share the road with you. The physical examination you take for your medical certificate confirms that you are healthy enough to safely perform the demanding job of a CMV driver and ...

## **Driver Medical Fitness for Duty - [fmcsa.dot.gov](http://fmcsa.dot.gov)**

DOT is committed to ensuring that information is available in appropriate alternative formats to meet the requirements of persons who have a disability.

## **FMCSA Medical Examiner Handbook | FMCSA**

Hearing. General physical exam. A DOT physical can cover up to twelve different categories of wellness, ranging from neurological to vascular. The driver may be asked to bring past medical

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records, and even correctional devices such as eye glasses, contacts or hearing aids to their DOT physical.

### **DOT Physical Requirements: Blood Pressure & Drug Tests ...**

Frequently asked questions about FMCSA regulations, DOT medical certificate requirements, and the DOT physical exam. Trucker Docs answers commercial driver questions about medical conditions - blood pressure, hypertension, heart disease, diabetes, sleep apnea, medications, drugs, and much more.

### **Frequently Asked Questions - DOT Physical Requirements**

To drive in intrastate or interstate commerce, you must have passed a medical examination, within the past 2 years, in accordance with Federal Motor Carrier Safety Regulations 49 CFR 391, Subpart E, as defined in the Federal Motor Carrier Safety Administration's (FMCSA) Medical Examination Report. New requirements and your Fed Med card -- what you need to know and do.

### **Commercial driver license (CDL) medical requirements**

Due to the strict DOT physical requirements, commercial operators are generally required to pass the CDL physical exam on a regular basis. For example, in order to maintain the validity of commercial licenses in Vermont, drivers will be required to pass the DOT physical exam on a two-year basis, as mandated by federal regulations.

### **CDL Physical And Medical Requirements | DMV.com**

The Department of Transportation (DOT) examination is an essential part of assuring a healthy CMV driver workforce. The guidelines assist medical examiners in the evaluation and certification of each person on whom they perform a DOT examination. The last DOT review of its cardiac guidelines for CMV drivers was published in December 1987.

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### **Cardiovascular Advisory Panel Guidelines for the Medical ...**

Stage 2 - BP 160-179/100-109 Certification Period 3 months as one time certification. Within the 3 months, if the blood pressure is below 140/90, the driver may receive 1 year certification. Stage 3 - BP Reading >180/110 Disqualified. When the blood pressure is less than 140/90, the driver can be certified at 6 month intervals.

### **What is the effect on driver certification ... - [fmcsa.dot.gov](http://fmcsa.dot.gov)**

You must have at least 20/40 acuity in each eye with or without correction (eyeglasses or contacts) and at least 70 degrees of peripheral vision on the horizontal meridian in each eye. You must also be able to recognize and distinguish standard traffic signal colors: red, green, and amber.

### **What is a DOT Medical Exam? - DOT and CDL Exam Locations FAQ's**

Medical Examination Report for Commercial Driver Fitness Determination Medical Examiner's Certificate. ... Medical Requirements FAQs Contact Us. Federal Motor Carrier Safety Administration. Medical Program ... U.S. DEPARTMENT OF TRANSPORTATION. Federal Motor Carrier Safety Administration. 1200 NEW JERSEY AVENUE, SE. WASHINGTON, DC 20590 ...

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